

Learning Styles Questionnaire

Look at the following statements – if they are usually true for you tick the appropriate white box

Question	A	P	T	R
I find it easy to meet new people and make new friends				
I am cautious and thoughtful				
I get bored easily				
I am a practical, "hands on" kind of person				
I like to try things out for myself				
My friends consider me to be a good listener				
I have clear ideas about the best way to do things				
I enjoy being the centre of attention				
I am a bit of a daydreamer				
I keep a list of things to do				
I like to experiment to find the best way to do things				
I prefer to think things out logically				
I like to concentrate on one thing at a time				
People sometimes think of me as shy and quiet				
I am a bit of a perfectionist				
I am enthusiastic about life				
I would rather "get on with the job" than keep talking about it				
I often notice things that other people miss				
I act first then think about the consequences later				
I like to have everything in its "proper place"				
I ask lots of questions				
I like to think things through before getting involved				
I enjoy trying out new things				
I like the challenge of having a problem to solve				
	Activist	Pragmatist	Theorist	Reflector
Total number of 'ticks'				

The higher scores suggest this is an area of preference. All of us use all of the styles to a greater or lesser extent, using your profile you can better identify learning methodologies suited to your preferences.

While this simple (unscientific) instrument can be a useful discussion tool, we would highly recommend using Honey and Mumford's LSQ instrument, this questionnaire contains 80, well researched questions and effective analysis. www.peterhoney.com